



# Universiteit van Pretoria Jaarboek 2018

## Sportsielkunde 212 (MBK 212)

<b>Kwalifikasie</b>	Voorgraads
<b>Fakulteit</b>	<a href="#">Fakulteit Gesondheidswetenskappe</a>
<b>Modulekrediete</b>	10.00
<b>Programme</b>	<a href="#">BSportSci</a>
<b>Kontaktyd</b>	2 lesings per week
<b>Onderrigtaal</b>	Module word in Engels aangebied
<b>Departement</b>	Sport- en Vryetydstudies
<b>Aanbiedingstydperk</b>	Semester 1

### Module-inhoud

\*Hierdie inligting is slegs in Engels beskikbaar.

\*Closed – requires departmental selection

In this module students will form an understanding of the multi-dimensional nature of sport psychology, with specific reference to Performance Termination (PT), Performance Dysfunction (PDy), Performance Impairment (PI) and Performance Development (PD) as portrayed in the Multi-Level Classification System for Sport Psychology (MCS-SP). Through studying the MCS-SP students will understand the role of sport psychologists in the sport context, how sport psychology focuses on the psychological well-being of athletes within sport organizations, as well as the psychological aspects that contribute to excellence in sport performance.

Die inligting wat hier verskyn, is onderhewig aan verandering en kan na die publikasie van hierdie inligting gewysig word.. Die [Algemene Regulasies \(G Regulasies\)](#) is op alle fakulteite van die Universiteit van Pretoria van toepassing. Dit word vereis dat elke student volkome vertrouwd met hierdie regulasies sowel as met die inligting vervat in die [Algemene Reëls](#) sal wees. Onkunde betreffende hierdie regulasies en reëls sal nie as 'n verskoning by oortreding daarvan aangebied kan word nie.